

## **Obstacle relay race**

**Age:** Suitable for all ages

**Equipment required:** Masking tape, beanbags, hula hoops, cones

**Space required:**

Hall or similar large space free of furniture

**Setting up:**

Divide the group into two equal teams and have each team line up at one end of the space behind a line (use masking tape). In front of them, have a series of obstacles eg hoops, cones etc – the same for each team - and a chair for each team at the far end.

The front person in each team has a beanbag.

**How to play:**

When you say 'go' the front person on each team makes their way down the obstacle course while balancing the beanbag on their head. If they drop the beanbag, they must stop, keep their feet still and replace the beanbag on their head before moving their feet again. They are NOT allowed to hold the beanbag on their head.

When they reach the end of the course they go round the chair and straight back to their team. They hand the beanbag to their next team member and they then go to the back of their team's line. When all the players on a team have finished and sat down quietly with player one back at the front, that team wins.

**Recommended variation:**

This game can really easily be adapted to contribute to your teaching theme. In advance, create a sheet on card for each team with a picture or Bible verse that relates to your teaching. Now cut these into a number of jig-saw pieces. Place a set of these on each chair at the far end of the obstacle course. Each time a player goes round the chair, they can pick up once piece and take it back to their team. The winning team is now the team who have made the whole jig-saw and are sat quietly.