

Noodles

Age: Suitable for all ages

Equipment required: Masking tape, a pool noodle

Space required:

Hall or similar large space free of furniture

Setting up:

Divide the group into two equal teams and have teams sitting in lines facing each other against opposite sides of the space. Each team should be sat in order of size.

In the space between them, make a line using masking tape. Halfway along the line, place a pool noodle at 90 degrees with half on each side.

How to play:

Give numbers to each person in both teams. Check that each one knows what their number is.

Explain that the point of the game is to get the noodle onto your team's side of the line without stepping over the tape onto the other side. This may mean that a player from one team gets to the noodle first and wins easily or they may both grab an end of the noodle and have to pull to get it across to win the point.

Once there is a winner, this person replaces the noodle and they both return to their teams.

Check that everyone has understood the rules.

Now call out a number to start playing. Have another leader/helper keeping score.

Notes:

You can vary this game in a number of ways according to age of your group:

- Variation 1: Once someone has pulled the noodle to their team's side, they can then immediately try and hit their opponent with it – without crossing the line. If they can do this before the opponent gets out of the way, they gain an extra point BUT if they cross the line, they lose 5 points!
- Variation 2: Each player must go through a hula hoop before trying to get hold of the noodle.
- Variation 3: Have 2 noodles – one at each end – and the object is to hit the opponent with your noodle without crossing the line.
- Variation 4: For older groups only, players could put a plastic bucket over their head before picking up the noodle.

Those wearing glasses should remove these before playing any of these variations.

