

Beanbag race

Age: Suitable for all ages

Equipment required: 5 beanbags, 2 chairs, masking tape

Space required:

Hall or similar large space free of furniture

Setting up:

Divide the group into two equal teams and have teams sitting in lines facing each other against opposite sides of the space. Each team should be sat in order of size.

In the space between them, place two chairs at opposite ends. Halfway between the chairs, make a small cross on the floor using masking tape and place one of the beanbags on it. Then, at equal distances for each side, place two further beanbags a few centimetres from the cross in a straight line between the chairs.

How to play:

Give numbers to each person in both teams. Check that each one knows what their number is. Explain which team is running to which chair and that when they hear their number, they should run round their chair and collect the nearest beanbag. They should put (not throw) this beanbag on the chair then go for the next nearest and do the same thing. Finally they should go for the middle beanbag which is on the tape cross. The first player to get hold of this is the winner and gets a point for their team.

Once there is a winner, both placers should replace the beanbags and return to their seats. Explain that if they throw the beanbags, the point automatically goes to the other team.

Now call out a number to start playing. Have another leader/helper keeping score.

Notes:

You can use a different object (cuddly toy, rubber duck etc) in place of the middle beanbag.

